



An important part of a comprehensive school counseling program is small groups! The school counselor meets with students to focus on topics similar to whole class lessons in a smaller group setting. Small groups usually have around 4 students but can range anywhere from 3-8 students. These groups typically meet once a week during lunch for a few (3-6) weeks, and topics vary depending on the needs of our students. Teachers, counselors, and parents can request that a student is in a group. If your child is invited to be a part of a weekly small group, a permission slip will be sent home to get signed.

Some of the small Group topics offered at Mountain View are friendship skills, work habits, worry warriors, problem solving, confidence building, managing conflict, and classroom expectations. Topics are not set in stone and change with the needs of our students!

It is important to note that sometimes students ask if they can have lunch with the counselor for fun and often invite a friend or two to join. Please know if your child comes home saying they had lunch with Ms. Lynn, they are not in trouble, it's just fun!

Research shows that small groups reach students in an effective way to enhance their skills and abilities through peer and facilitator interaction. Please click [here](#) to learn more about small group counseling from the American School Counselor Association.

Thank you in advance for helping to support our students!

Ms. Lynn and Ms. Cole

Ms. Lynn

School Counselor

Mountain View Elementary School